

Training

An Introduction to Supervision Skills *For staff who deliver or receive supervision*

1 Day Training Course
9.30am – 4.30pm

Course overview:

This one day course is for those who need to supervise others as part of their work role and for those who may receive supervision.

The course is designed as an introduction to supervision skills for those who are new to supervision and considers the following areas as part of the training:

- Why supervision is a vital development tool;
- What can be included in a supervision session;
- How you can make the most of supervision.

Benefits to participants:

On completion of this one day introductory course, participants will:

- Understand the value of supervision;
- Have a greater insight into what to expect in a supervision session;
- Know how to prepare for a supervision session.

Why is Supervision training important?

Supervision is increasingly recognised as good practice for all staff within the workplace.

Supervision promotes and is part of the continual professional development of all individuals at work. It has also been recognised that there is a clear link between supervision and the quality of health and social care services delivered.

Providing a supervision programme for staff can boost efficiency for the organisation for a very small investment, as well as give those responsible for others within the organisation the tools to increase the skills, motivation and productivity of those for whom they are responsible.

For those who receive supervision within the workplace, this course will increase understanding of the importance of this and how they can utilise and prepare for each session.